



SILENT SOUNDS  
+  
FAMILY GROUPS



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**SATURDAY 11**

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# #PRESTONWOODSTUDENTS



# WELCOME FROM PASTOR

I am so pleased to be with you at Beach Camp. It is wonderful to witness our ministers and volunteers pouring into students, making a positive impact on this next generation of believers.

I've often talked about my life-changing experiences at high school camp. I attended Sagamore Hill Baptist Church in Fort Worth, a church well known for its youth ministry and summer camp at Latham Springs near Waco. As a 15-year-old attending camp, I surrendered to Christ unconditionally and my life was changed. Not long afterward, I heard God's call to preach.

God spoke to me, and I know He is going to speak to you. I love that you are devoting time each day to Silent Sounds. Be still. Meditate in His Word. Listen for His voice. It will transform your life.

*Jack Graham*



# SCHEDULE

## FRIDAY | JUNE 14

- 3:00 p.m. Check-in @ ECCC
- 3:45-4:00 p.m. Buses:  
ECCC >>> Resorts/  
Free Time  
**NO BEACH**
- 6:00 p.m. Dinner
- 7:00-7:15 p.m. Buses:  
Resorts >>> ECCC
- 7:30 p.m. Worship
- 9:30-9:45 p.m. Buses:  
ECCC >>> Resorts
- 10:00 p.m. Curfew/Condo Time
- 11:30 p.m. Lights Out

## SAT. | JUNE 15

- 8:00 a.m. Breakfast
- 8:45 a.m. Silent Sounds
- 10:00 a.m. Family Groups
- 11:00-11:15 a.m. Buses:  
Resorts >>> ECCC
- 11:30 a.m. HS Rec/JH Lunch
- 12:15 p.m. Transition
- 12:30 p.m. JH Rec/HS Lunch
- 1:15-1:30 p.m. Buses:  
ECCC >>> Resorts
- 2:00 p.m. Free Time
- 5:30 p.m. Cleanup
- 6:00 p.m. Dinner
- 7:00-7:15 p.m. Buses:  
Resorts >>> ECCC
- 7:30 p.m. Worship
- 9:30-9:45 p.m. Buses:  
ECCC >>> Resorts
- 10:00 p.m. Curfew/Condo Time
- 11:30 p.m. Lights Out

## SUN. | JUNE 16

- 8:00 a.m.** Breakfast
- 8:30 a.m.** Silent Sounds
- 9:30-9:45 a.m.** Buses:  
Resorts >>> ECCC
- 10:00 a.m.** Morning Worship
- 11:00 a.m.** Family Groups @ ECCC
- HS in Ballrooms 3 & 4
  - JHigh in Parking Lot  
(*weather permitting*)
- 11:30 a.m.** HS Rec/JH Lunch
- 12:15 p.m.** Transition
- 12:30 p.m.** JH Rec/HS Lunch
- 1:15-1:30 p.m.** Buses:  
ECCC >>> Resorts
- 2:00 p.m.** Free Time
- 5:30 p.m.** Cleanup
- 6:00 p.m.** Dinner
- 7:00-7:15 p.m.** Buses:  
Resorts >>> ECCC
- 7:30 p.m.** Worship
- 9:30-9:45 p.m.** Buses:  
ECCC >>> Resorts
- 10:00 p.m.** Curfew/Condo Time
- 11:30 p.m.** Lights Out

## MON. | JUNE 17

- 8:00 a.m.** Breakfast
- 8:45 a.m.** Silent Sounds
- 10:00 a.m.** Family Groups
- 11:00-11:15 a.m.** Buses:  
Resorts >>> ECCC
- 11:30 a.m.** HS Rec/JH Lunch
- 12:15 p.m.** Transition
- 12:30 p.m.** JH Rec/HS Lunch
- 1:15-1:30 p.m.** Buses:  
ECCC >>> Resorts
- 2:00 p.m.** Free Time
- 4:30 p.m.** Cleanup
- 5:30 p.m.** Load Buses @ Resorts
- 5:45 p.m.** Dinner
- 6:30 p.m.** Group Picture
- 6:45 p.m.** Baptism
- 8:15-8:30 p.m.** Buses >>> Resorts
- 8:45 p.m.** Curfew/Condo Time
- 10:30 p.m.** Lights Out

## TUES. | JUNE 18

- 5:30 a.m.** Load Buses  
@ Condos
- 6:00 a.m.** Leave for Plano
- 10:30 p.m.** Buses Arrive  
@ Prestonwood Plano

# GUIDELINES

All attendees must agree to abide by the following guidelines to be able to attend camp. **FAILURE TO COMPLY WILL RESULT IN YOUR BEING SENT HOME AT YOUR OWN EXPENSE.**

1. Please let your behavior reflect what Beach Camp is about. We have a zero-tolerance policy toward pranks, hazing, drugs, alcohol, pornography or any other behavior deemed inappropriate.
2. Obey the rules of all camp facilities (condos and ECCC).
3. No one will be allowed to leave any of the camp facilities unless permission has been received from Jason Mick. No visitors are allowed without prior permission from Jason.
4. Stay in the designated areas during Recreation/Free Time.
5. No balconies...ever!
6. Guys are not allowed in the girls' rooms; girls are not allowed in the guys' rooms. Violators will earn an **AUTOMATIC TRIP HOME AT YOUR EXPENSE.**
7. All students must be supervised by an adult leader at all times. No student or group should ever be in a condo without an adult present.
8. Participate in **EVERYTHING.**
9. If medical attention is needed, report the incident immediately to the camp nurses.
10. No one may leave his/her room after curfew. Lights Out is designed for your benefit.
11. You are not allowed to bring or have the following items at camp: drugs, alcohol, tobacco products, pornography, weapons, fireworks, balloons or any electronic cigarette/vaping devices. Do not bring or watch questionable entertainment on personal devices. **WE RESERVE THE RIGHT TO INSPECT YOUR LUGGAGE SHOULD WE HAVE REASON TO DO SO.**
12. Any property damage must be reported immediately to Jason Mick and the condo captain.
13. Nametags and wristbands must be worn at all times.
14. Be on time for all Silent Sounds, Family Groups, Worship times, meals, Rec, etc.



# DRESS CODE



We expect you to use discretion in dress. Only modest one-piece suits; no two-piece suits or “tankini” tops and bottoms. “Midribs” must be covered. No speedos. Students must wear tank tops or T-shirts over bathing suits to and from Free Time. T-shirts with sleeves are required during all Worship sessions. Shoes must be worn at all times, except when on the beach or swimming.



TEXT

DEVO

TO 74788 TO JOIN OUR  
DAILY DEVOTIONAL TEXT



*"Our devos always seem to have some relation to my life! It's always a cool reminder that God will use that time every day to reveal Himself and the things He's trying to teach me!" Kyndra Samaniego*

# FALL EVANGELISM

## **PLANO CAMPUS & ESPANOL**

**HS Dodgeball Tourney, Sept. 22**

**JHigh, Sept. 25**

## **NORTH CAMPUS**

**Block Party, Sept. 22**

# OVERCOME

BY ELEVATION WORSHIP

This song has been a very special one for me personally in a few seasons of life. I remember leading at an event and singing the words in the chorus where it says, “I will not be moved when the earth gives way, for the risen one has OVERCOME.” I quickly realized in the moment of singing that I was only singing the words, and not LETTING the truth and reality of the lyric become the reality of my life. Much more than song, I was reminded again that Jesus has absolutely trampled and destroyed the lies, the distractions, the brokenness, whatever it may be in my life. He has paid the price and debt I deserved to pay. But instead, Jesus paid it for me for all of eternity! And I’m here to remind you that He did the same for you. My prayer is that while you sing this song, John 16:33 would become your place of rest where it says, “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world!” Whatever you do, let the simple truth of this song sink into your heart that Jesus loves you, that He has overcome your situation, and He carried the cross with your name in mind! Amen.

BY TYLER GILLILAND



**SATURDAY**

**ONE LORD**



# WELCOME TO SILENT SOUNDS

Life is busy. We get it. Sometimes we get so busy that we forget to stop, be still, and listen to what God has to say to us. But during Silent Sounds, you will be away from all distractions and alone with God as you discover what He has in store for you. He loves you, and His plans for you are big. We encourage you to be real with Him. Read the verses in your Bible, reflect on what you're reading, and talk to Him as if He were sitting right next to you, because He is. The best way to start your time each day is to spend a few minutes in prayer asking God to speak to you through His Word. We truly believe that these times of stillness will be one of your favorite parts of Beach Camp.



WE ARE  
PRAYING  
FOR YOU!

**HAVE A GREAT WEEK!**

# SILENT SOUNDS

Every morning you will begin the day with some time alone in God's Word on the beach. This is a time to spend with God and allow Him to speak to you through the Bible. God has a very different view on unity. He never intends for us to focus on our differences but to focus on the one thing that we all have in common ... Him. But who is He? With the ocean God created crashing in front of us, let's take time this morning to consider exactly who God is.

Our theme this year at Beach Camp is "United." This word is used quite often in the media and on the news. There is so much to divide us and so much to tear us apart that we tend to focus on the negative side of things more than the positive. We focus more on the things that separate us than on the things that we have in common. This week, we want to look at exactly what unites us through the lens of Scripture.

Open your Bible and **READ Ephesians 4:4-5.**

*There is **ONE** body and **ONE** Spirit—just as you were called to the **ONE** hope that belongs to your call—**ONE** Lord, **ONE** faith, **ONE** baptism.*

**PAUSE.** Read it again, but this time read it slowly. Think about every word you are reading.

» *What stands out to you as you read these verses?*

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Let's look at what Paul is saying in verses 4-5 when it comes to unity.



## **One Body = The Church**

(EPHESIANS 1:23; 2:16; 3:6)

Everyone who believes in Christ as his or her personal Lord and Savior comprises the Church.

## **One Spirit = The Holy Spirit**

(JOHN 14:26; ROMANS 8:14, 26)

When we personally accept Jesus as our Lord and Savior, the Holy Spirit begins to live inside our hearts (1 Corinthians 6:19, 20). He teaches, guides, comforts, and intercedes for us (Romans 8:14, 26; John 14:26).

## **One Hope = The Future Eternity with God**

(EPHESIANS 1:4, 18; 2:7; 4:1)

» *What do you put your hope in right now?*

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When we trust in Christ, our future changes forever, and we are no longer destined to die and spend eternity separated from God. Now we long for the day that we will spend eternity in heaven with God. Our hope changes from temporal (temporary; concerned only with this present life; worldly) to eternal with one simple decision. Our hope is placed in something more than the here and now.

## **One Lord = Jesus Christ**

(EPHESIANS 1:22-23 AND COLOSSIANS 1:18)

» Everything hinges on Him. He is the crux of all that happens in the story of the Bible. There is only one Lord and that is Jesus. He came to die on the Cross for our sins. He gave up everything so that we may be saved. But there is only one Lord. There is only one way to heaven and that's through Him (John 14:6).

## **One Faith = Belief in the Lord and Savior**

(EPHESIANS 2:8)

» *What does faith mean to you?*

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Our faith is simply believing and trusting in Jesus Christ as personal Lord and Savior. It's giving up control of your life and putting your faith not in yourself but in someone else. It's trusting someone unseen, all-powerful, to be the ruler of your life. Is it scary? Yes. Will it require change? Most definitely. Is it the best decision you will ever make? Yes, 1,000 percent!

» *When have you experienced a change in your life?*

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» *Do you like change in your life, or do you avoid it? Why?*

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» *If you haven't put your faith in Christ, what's the biggest thing holding you back?*

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### **One Baptism = Outward Symbol of Our Faith**

Why baptism? Baptism is symbolic of the decision you have made to follow Christ. This is why you get baptized *after* you have given your life to Christ (Matthew 28:19–20). Baptism is an outward expression of an inward decision to trust Christ (one faith). It symbolizes Jesus' burial and Resurrection (1 Corinthians 15:3–4; Colossians 2:12). Water submersion represents the former, sinful self being washed clean of all sin. Coming out of the water illustrates new life in Christ, and forgiveness of sin. (Romans 6 tells us that baptism is a picture of death and resurrection; we are "baptized into his death" and "just as Christ was raised from the dead ... we too might walk in newness of life.")

» *When were you baptized? If you haven't, what's holding you back?*

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» *We are united by so much when we love God and we put our faith in Christ. But why would you do that? What separates God from all other (false) gods? Why is He different?*

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## READ Ephesians 4:6.

*one God and Father of all, who is over all and through all and in all.*

Let's unpack this a little more...

### One God and Father of All

» *Describe a time when you have felt alone.*

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» *Describe a time when you felt you didn't deserve to be forgiven by God.*

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While there are many places in life where you feel you don't belong, being with God will never be one of those places. Everyone belongs here. No matter how bad you think you are, no matter what you have done in this life, no matter what other people say about you, no matter how much you feel you don't deserve it, no matter who you are on social media or at school, you belong with God. No one is left out or alone.

Read John 3:16. Jesus came to die on the Cross for all sinners (which is everyone on the face of the planet). He came to make us His children. He came to adopt us as His very own flesh and blood.

### Over All

He is sovereign over us. That means He has supreme power and authority over our lives. There is nothing higher or more powerful than He. We have three big, fancy words that we use to show this about God (and they all start with "o"):

- **Omniscience**

God is all-knowing. There is nothing that God doesn't know about us, about the world, about the universe, about anything.

- **Omnipotence**

God is all-powerful. If you can dream it, He can do it. There is nothing outside His limits.

- **Omnipresence**

God is everywhere all the time. Much like gravity is everywhere on planet Earth all the time, God is everywhere all the time.

» *Which one of these are you most thankful for when it comes to God and why?*

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## Through All

He works through all to accomplish what He wants to accomplish. His power flows through us when we are in a relationship with Him. Due to our relationship with Him and because of Jesus' sacrifice on the Cross, we are to live in an active faith. This means that we pursue Him and grow closer to Him and we do what the Bible and God ask us to do. We are not passive bystanders but active runners.

» *What does an active faith look like?*

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## In All

This is best seen by the Holy Spirit who lives in us when we are His children. Again, when we accept Christ, the Holy Spirit lives in each of us and teaches, guides, comforts, and intercedes for us. He never leaves us.

A perfect example of this is the creation story in Genesis 1. We see God, over creation (1 Corinthians 8:6; Psalm 95:4-5; John 1; Romans 11:36). God is the one who spoke everything into existence.

**READ** Genesis 1:3, 6, 9, 11, 14, 20, 22, 24, 26, 28 and 29.

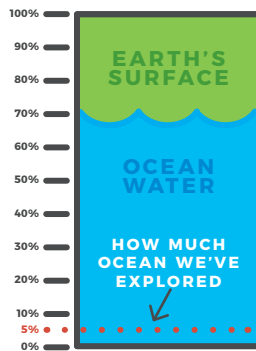
- » With mere words, He made the entirety of the world and the universe and the expanse of space. Talk about having complete power over something! Create it and you have it. Make it out of nothing, and it's yours.
- » He doesn't stop there, though. God continues to work through His creation. Think about spinning a basketball on your finger. God isn't a God who started the ball spinning and then just walked away and left it up to its own power. No! God is continually working through creation to keep the ball spinning. He is continually interacting with the earth and us to keep it in motion (Colossians 1:15-17; Acts 17:28). He doesn't just leave creation to fend for itself.
- » We see God in creation. As we look at creation, we can't help but constantly see God *in* it (Job 12:7-10; Romans 1:20).

## Stop & Rest in This

We want this to be a time to position yourself for the day, to get in a mindset where God is your focal point. Whether you have been a believer for 10 years or 10 days or if you're not a believer, we want this to be a time that the rest of your day flows out of. We pray this is a crucial part of Beach Camp for you this year. The name "Silent Sounds" is really what we want you to get out of this. While being silent and undistracted, you will inevitably hear the Lord.

This morning, **STOP** for a moment.... **PAUSE** and look in front of you. You are sitting in front of the ocean. Just close your eyes and listen to the waves crashing. Listen to the birds. Listen to the silence between the crashes.

- » *The ocean is magnificent. Think for a moment about how big it is. The water in front of you stretches for miles and miles, as far as your eyes can see. How much water is there?*



Scientists have done the math, and they believe the earth's oceans contain approximately 332,519,000 cubic miles of water. What is a cubic mile? Imagine a box that's  $14\frac{2}{3}$  football fields long,  $14\frac{2}{3}$  football fields wide, and  $14\frac{2}{3}$  football fields deep. Fill that box with water, and that's one cubic mile of water. You would need 332,519,000 of those boxes to equal the water in the oceans.

We also only know about five percent of the oceans. That's how much of it has been explored and mapped out. Considering that the ocean makes up 70 percent of the earth's surface, there is *much* that we don't even know about.

- » *How do these two stats make you think about the magnificence of God?*

God, however, can measure the oceans in the palm of His hand. How much water can you hold in your hand?  $\frac{1}{2}$  a cup?  $\frac{1}{4}$  of a cup? God can hold much more than that. God is a giant God. God's handiwork and beauty is right in front of you.

## Reflection questions:

» *What do you take for granted in all of this the most?*

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» *What aspect of this do you struggle with the most?*

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» *What's your takeaway from this morning's Silent Sounds?*

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# PRAYER

Close out your Silent Sounds time in prayer. Thank the Lord for who He is. Praise God for being bigger than you will ever comprehend.

Thank Him for having the oceans in the palm of His hand. Ask that He would open your eyes to see Him today in a new way. Ask that He would reveal new truths about Himself and that you would see them and not be distracted. Lastly, pray that He would change your life this week in some way, shape or form.

# FAMILY GROUP

**READ Ephesians 4:7:**

*But grace was given to each one of us according to the measure of Christ's gift.*

**Grace...**

- » *Have you ever received something you didn't deserve? If so, what was it and why did you get it?*

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- » *When was the last time someone was randomly kind to you? What did that person do or say?*

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**... was given to each one of us ...**

- » *Have you ever been given something? Ask two or three students to share a story of when they were given something.*

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# NOTES & SKETCHES



# #PRESTONWOODSTUDENTS



# WEDNESDAYS

## HIGH SCHOOL

IN-HOME BIBLE STUDIES,  
EVANGELISM, FUN WITH FRIENDS



THEME NIGHTS, COMPETITIONS,  
TREAT YO' SELF TO YUMMY FOOD, WORSHIP,  
BIBLE TEACHING AND SO MUCH FUN!

## JUNIOR HIGH

# WHAT A BEAUTIFUL NAME

BY HILLSONG WORSHIP

While there are a lot of special worship songs out there, this one is the “Home Run” for me! This song, all throughout, gives so many reasons why the name of Jesus is WORTHY. I love the lyric in verse 2 where it says, “You didn’t want heaven without us, so Jesus, you brought heaven down...” God, in ALL of His goodness and sovereignty, didn’t have to do anything at all for you and me but, instead of doing nothing, He left His throne, took on flesh, lived a perfect life, and nailed YOUR SIN to the tree where He died. Not only that, but three days later He rose from the dead and sits at the right hand of God! He came and went back to heaven for you and me! Wow. All of this to simply showcase His love for you!

My encouragement and hope for you is this: that you would think about the love that God showcased for you and that you realize you really do matter to God! For no other could ever rival this love, and no other name could ever equal the love that God has extended to you. Now and forever, He will REIGN! Amen.

BY TYLER GILLILAND



# SUNDAY

ONE CHURCH

# SILENT SOUNDS

Good morning! Welcome back to the beach for Silent Sounds, day 2. Remember to put away your cell phone and be still before God. Take a moment to pray and ask God to let the words of Paul jump off the page of the Bible to you this morning. Ask God to allow you to focus and listen.

Yesterday, we dove headfirst into Ephesians 4:4-7 and learned about the unity in the Lord and the unity we can find in Him through the grace He gave to each one of us. In Ephesians, Paul not only talks about the unity of God Himself, but of the unity we can attain together as a church.

## READ Ephesians 4:11-13.

*And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, **to equip the saints for the work of ministry, for building up the body of Christ**, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.*

### **And he gave the apostles, the prophets, the evangelists, the shepherds and teachers**

» *Who is "He" who gave these gifts? (See Ephesians 4:10 for help.)*

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Christ is the one who gave these gifts. After ascending from the earth, Christ equipped His people with spiritual gifts. A spiritual gift is a God-given ability, given to Christians by the Holy Spirit, allowing us to help the Church reach people and advance the Gospel. Christ didn't just leave us with teaching to ponder, but with gifts to use. This is where we see our active faith in use.



Remember that everything that comes in verses 11-13 is founded on the idea that you have put your faith in Christ as your personal Lord and Savior. Once you have believed in Him, then, and only then, can you move on to understanding fully what follows.

» *What do you know about the gifts listed? Write down your best guess.*

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- » **Apostles** – Historically their role was in starting the Church and being the first eye-witnesses of Jesus’ ministry.
- » **Prophets** – Those who brought words of encouragement [and correction] and reminded people of God’s promises in specific situations. They were viewed as speaking the very words of God Himself.
- » **Evangelists** – Those who share the Good News of Jesus through personal story [and truth of Scripture].
- » **Shepherds and Teachers** – People who care for others of all ages, teaching Scripture to them.

This short list certainly isn’t the only one in Scripture that contains spiritual gifts, but perhaps Paul listed these because of their importance in the Church at the current time. Maybe you didn’t initially recognize your spiritual gift(s) here. Interested in learning about more? Read *Romans 12:6-8* for an additional list of spiritual gifts. Even still, these are not the only passages that talk about them.

» *Why do you think that Christ chose to give His people spiritual gifts, including you?*

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Think about it this way: Why do you want to give people gifts? We give people gifts for all kinds of reasons. Sometimes it’s out of obligation (in other words, we feel like we have to). Sometimes it’s out of a desire to make them happy without reason. Perhaps, we just want to boost their spirit a little bit by reminding them we are thinking about them. At other times, it’s a combination of all of these.

Did Christ feel obligated to give us spiritual gifts? Did Christ do it just to make us feel a little better about ourselves? Christ had a reason for giving us spiritual gifts that goes far beyond ourselves. After all, Christ’s ways are higher than our ways and His thoughts are higher than our thoughts, so we shouldn’t limit them (Isaiah 55:8-9).

» The next verse, Ephesians 4:12, answers this question for us.

**to equip the saints for the work of ministry,  
for building up the body of Christ,**

Ephesians 4:12 clarifies what the goal of the gifts Christ gives us is—to equip the saints for the work of the ministry and for building up of the body of Christ. Paul is telling us that our gifts equip us to serve others, and they also help to strengthen the Church.

» *Describe a time in your life when you were served by someone.*

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» *Describe a time when the unity of the Church was encouraging to you. If you haven't seen this before, what difference do you think being part of a unified church could make in your life?*

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The outcomes Paul mentions are the goal of our gifts, but this goal isn't realized unless we choose to use our gifts in the manner Christ intended for us.

» *In what ways have you treated your spiritual gift as you would a normal gift, something that simply makes you happier or something that makes you feel a little better about yourself? How is Christ's goal for your gift different than how you have been treating it?*

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Paul continues in Ephesians, not just talking about spiritual gifts and why they were given, but he also talks about how long we must continue being obedient by serving with them.

## **until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ**

Paul doesn't stop with just a couple of outcomes of spiritual gifts. Instead, he goes on to talk about how long we must continue using our gifts until Jesus returns or calls us home to heaven and what we must ultimately strive for.

One such thing is the "unity of the faith." In our culture, we can be unified around a lot of different things: trends, sports, friends, culture, etc. But in Christ, our unity is not based on a circumstance or cause that can quickly change, but in a God who is consistent and who never changes (Remember: "one God and Father of all...through all and in all").

- » *What is the difference, to you, between unity in our world, and the unity to which Christ calls us?*

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Have you ever noticed how shifty our world can be? Often, our definition of unity is so narrow that we miss the big picture. Have you ever been a part of some friend's drama, or seen it unfold? Did you pick a side and feel unified with the side you chose? You see, that's the picture of unity our world paints, unity in separation. When we are united in faith in Christ, we are united in faith with all believers. But, the goal here isn't just to be united with those we want to be united with. Instead, we are called to be united as a Church—no ifs, ands or buts.

- » *What are some things that you have been united around before? How was this unity different than the unity Paul calls us to?*

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- » *Who unites us (Read Psalm 133:1)?* \_\_\_\_\_
- » *What do you think unity of faith can look like in Prestonwood Students?*

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This is only possible through Christ. We cannot stay united in our own desire or power. We must be dependent on the Lord, and not ourselves, if we want to see this unity become a reality.

The remainder of verse 13 begins to discuss maturity in Christ.

» *What does maturity mean to you?*

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» *How would you describe a mature person?*

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As we dig into our Family Group Time, we will discuss together what maturity in Christ looks like and how it changes the way we live our lives as a result.

**This morning, we have learned that Christ gave us spiritual gifts to serve others, instead of just serving ourselves, and to help strengthen the Church, instead of boosting our self-esteem.**

We know it has only been a couple of days, but no doubt you have come across multiple situations where you had the option either to serve yourself or others.

» *In what ways can you serve others at Beach Camp, even today?*

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» *In what ways can you use your spiritual gifts to serve the Church as you get back from Beach Camp?*

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We don't just serve to fill a position and get a job done. We serve because God has given us a gift to be used. Even if you are not sure what that gift is yet, that's okay. Begin serving and watch as you learn more about who the Lord created you to be and what gifts He has given you.

» *If you are interested in discovering your spiritual gifts, **text GIFTS to 74788** and take the survey.*

As you close out your Silent Sounds this morning, spend some time reflecting on what is possible when the Church is united and strong.

# PRAYER

Close out your Silent Sounds time in prayer. Thank the Lord for the gifts He has given you and the greater purpose He has for those gifts. Pray that He would convict you of the times in which you are using your gifts to serve yourself instead of others. Lastly, pray that He would give you the desire to serve those around you.

JUMP IN AND SERVE. YOU CAN MAKE A DIFFERENCE.



LEAD  
TEAM

## TEXT ...

IF YOU ARE A PLANO CAMPUS HIGH SCHOOLER:

**PCHSLEAD**

PLANO CAMPUS JUNIOR HIGHER:

**PCJHIGHLEAD**

NORTH CAMPUS HIGH SCHOOLER:

**NCHSLEAD**

NORTH CAMPUS JUNIOR HIGHER:

**NCJHIGHLEAD**

ESPAÑOL STUDENT:

**ESPLEAD**

**TO 74788 TO SIGN UP!**

2 0 2 0  
J A N . 3 1 - F E B . 2

# FREEDOM WKND



# FAMILY GROUP



**READ Ephesians 4:14-16.**

*“... so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.”*

What does maturity mean to you? and How would you describe a mature person?

» *How did you answer the first question?*

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» *How would you describe a mature person?*

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» *In what ways are you more mature now than you were three years ago?*

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 **READ Ephesians 4:14.**

**...so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.**

» *Why are children prone to being tossed back and forth by the waves?*

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» *What does Paul say leads us to being tossed back and forth by the waves?*

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» *What situations in your life make you feel like someone being tossed back and forth by the waves?*

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» *In what ways have others tried to convince you to believe something other than truth? In what ways have others tried to convince you to live out something other than truth?*

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**Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,**

» *What do you think it means to grow into Christ, to look more like Him?*

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» *If you were to grow more like Christ, how would your thoughts change? Actions? Interactions with others?*

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**from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.**

» *Why do you think the Church is referred to as a body? How is the Church like a body?*

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» *According to verse 16, what happens when each part plays its role?*

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» *According to verse 16, what is the outcome of the body's functioning as it should?*

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» *Paul calls us to grow in maturity in Christ. What is one aspect of your relationship in Christ in which you know you need to mature?*

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» *How do you think the Church's being built up in love would impact the world?*

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» *In what way can you specifically contribute to the Church's being built up in love?*

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# PRAYER

# NOTES & SKETCHES



# #PRESTONWOODSTUDENTS



1 5 T H   A N N U A L

— FALL —  
**FOLLIES**

**OCTOBER 19**

2:00 & 7:00 p.m.

**OCTOBER 20**

3:00 & 6:00 p.m.

For details, e-mail [ilee@prestonwood.org](mailto:ilee@prestonwood.org).

# TREMBLE

BY MOSAIC

When I first heard this song, I was surprised at how easy and simple the lyrics were—yet, they packed such a BIG punch to my heart and instantly moved me. When I first sang the chorus where it says, “Jesus, Jesus, YOU...make the darkness tremble...” it was so easy to sing and was the exact thing I needed to declare over myself. The reality that when we are in the presence of our Lord, Jesus Christ, there is no amount of brokenness, confusion, pain, YOU NAME IT, that He can’t handle and heal in our lives. It’s easy to go through the motions and hear Scripture after Scripture, or even get caught up in what might be happening at home and forget who God says He is in all things. Just remember this—that God can do MORE in a moment than any man, situation, or thing could manufacture in a lifetime. God is the one who commands the seas. He is the one who can make the “mountains” of your life bow just by hearing the sound of His mighty voice. He is the only one in control! My hope for you is that this week you would experience Psalm 16:11, “You make known to me the path of life; in Your presence there is fullness of joy; and at Your right hand are pleasures forevermore!” So, remember to take a breath and know that you, yes YOU, are loved by a Father in heaven, a Father in heaven that even the “shadows” of life can’t deny! Amen.

BY TYLER GILLILAND





MONDAY

ONE PURSUIT

# SILENT SOUNDS

It's our last morning on the beach! Take advantage of this amazing time. Remember to put away your cell phone and be still before God. Take a moment to thank God for all that He has already taught you and for everything He will teach you today. Pause. Breathe. Rest in Him.

## **READ Ephesians 4:22-31.**

*To put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness. Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need. Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.*

Paul has been encouraging unity and love over the past several verses as he talks about the Church, but we all know there are two sides to every coin ... a “head” and a “tail.” When we have *unity*, there is a potential for *disunity* as well.

» *When have you experienced disunity?*

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» *When have you experienced disunity in the Church?*

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Paul then goes on to talk about what could possibly kill the unity that we strive so hard to achieve. Simply put, unity is destroyed by not walking in holiness. What does this mean though? Let’s look at the specifics of what Paul mentions in these verses.

**to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.**

If we want to cause disunity, we first must live in our old selves.

» *What’s wrong with our old selves (hint ... look at the rest of verse 22)?*

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Our old selves belong to our old way of life when we lived for ourselves and did whatever we wanted to do. We didn’t have a set of standards (the Bible) to guide what we did, said, and thought. That former way of living was corrupt through our deceitful desires. The things that we wanted were from a sinful place.

» *When you accepted Christ as your personal Lord and Savior, how did you begin to think differently? What changed in your life?*

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Second, our old lives and flesh say we must not renew our minds.

This means we shouldn't take on the new attitude that comes with being a Christian.

**READ Romans 6:2-10 and 2 Corinthians 5:17.**

» *What do these passages say we should be doing with our minds?*

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Thirdly, our old lives and flesh say we should refuse to put on our new self.

» *Whom is our new self created after?*

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» *What is our new self created in?*

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» Our new self is created, just as in the Garden of Eden, in the likeness of God. He created man perfectly in His image in Genesis, and then we chose sin. We broke His creation. But then He sent His Son to pay the price for our sin and to make us whole again so that, when we accept Him and put on our new self, we are again in the likeness of God. It comes full circle!

» Our new self is also like God in true righteousness and holiness. This means that we throw away our old selves, renew our minds/attitudes, and jump into our new self in order to pursue the holiness of God. When we do that, we will be able to maintain the unity that God so desires from us.

Practically speaking, what are some tangible ways we can do this? Paul goes on to mention several. Take a look.

**Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.**

We must speak truth to build up our unity. How can you trust someone who lies to you all the time? You can't. Trust is built on honesty. When we walk in holiness and follow after God, we will speak the truth and not lie or deceive others (falsehood). Speaking the truth comes from a foundation of knowing that we are all in Christ and pursuing holiness together. However, we feel the pressure to be perfect so we have a tendency to lie. We tell little lies that snowball into big lies. All lies have one common thing though: They are not true, and that is why we are told to put away falsehood.

## **Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.**

Anger is not a sin in and of itself (John 2:13-16). Still, it is easy to lose control of our anger, to let it control us instead of our controlling it. Anger becomes sinful when it is inappropriate. We never want to give Satan the opportunity to influence our lives, and this is one way we can open up to allow him to do so.

» *On a scale of 1 to 10, how much do you struggle with anger?*



It's okay for you to be where you are but it's not okay to stay there.

## **Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.**

This is a reaffirmation of the seventh commandment (Exodus 20:15; Deuteronomy 5:19). We shouldn't steal anything, but we should work for it so that we can give it away. We work so that we can be generous to others.

» *Have you ever been tempted to steal something? Have you ever followed through with taking it?*

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» *How easy is it for you to justify taking it?*

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**Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.**

**READ James 3:2-10.**

What comes out of our mouths has the potency to start a wildfire!

Many times we can disguise “helping another person” as gossiping or putting others down. We think we are doing what’s best by “being honest” but we say things in a way that doesn’t help the other person; it only hurts. We can also be very blatant with this and say things to his or her face that aren’t building up that person. Paul is saying that we must get rid of all that “corrupting talk.” In those moments where we really want to just lay into someone, we must back off and breathe because our anger is not going to build them up.

Sometimes how you say something is just as important as what you say. We have to remember that tone and body language communicate just as much as words do. You may say one thing with your words, but your tone communicates something very different.

» *How have you been hurt by a friend who was “speaking the truth” but was really mean about it?*

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» *Is there someone you need to apologize to for this very thing this morning? Send that person a text or talk to him or her after Silent Sounds is over.*

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**Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.**

Paul encourages us to get rid of all bitterness (the opposite of sweetness and kindness). Bitterness harbors resentment and keeps a record of wrongs. We are not to be bitter toward anyone. What flows out of bitterness? Wrath and rage, which are outbursts of uncontrolled passionate frustration. We are not to be angry in an inappropriate way. We are not to “clamor,” which means “to fight” or “shout.” Again, we must react out of grace and kindness, not the heat of the moment, so that we don’t give an opportunity for Satan to influence our life. We must not hurt another person with our words or slander him or her. We must not have bad feelings toward another person (malice).

» *Which one of these do you struggle with the most? Why?*

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**Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.**

Now Paul switches from six things we should avoid to tell us three things we must do as we continue to walk in holiness. We are to be kind. Again, kindness is the opposite of bitterness. We can be kind when we do something selflessly and serve others. We are to be tenderhearted. This means that we should be compassionate. When we see a need, we try our best to meet it because we feel for that person. When one of our friends is hurting, we have a softness for him or her. Lastly, we are to be forgiving. Why? Because Christ forgave us more than we will ever have to forgive someone. He gave everything so we can give something.

» *Whom can you be kind to today?*

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» *Whom can you show compassion to today?*

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» *Whom do you need to forgive in your life?*

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# PRAYER

Close out your Silent Sounds time in prayer. Thank the Lord that you get a new self to “put on” when you accept Him as your personal Lord and Savior. Ask God to give you the strength and the mind to walk in holiness today. Ask Him to work with you on some of the specific questions you answered this morning and ask for strength to follow through with them. Lastly, pray that He would give you the chance to be compassionate and forgiving today.

# girl's NIGHT OUT

MOVIE ON THE LAWN  
JUNE 21, 7:00-10:00 P.M.  
*free!* @ NORTH AND PLANO





BIBLE FELLOWSHIP  
**KICKOFF**  
AUGUST 18

**&**

TABLE GROUP  
**SCRAMBLE**  
AUGUST 25

# FAMILY GROUP

## **READ Ephesians 5:1-2.**

*Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.*

» *Whom can you be kind to today?*

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» *Whom can you show compassion to today?*

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» *Whom do you need to forgive in your life?*

---

### **Therefore be imitators of God, as beloved children.**

» *When you were a kid, what did you imitate about your parents?*

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» *What do you think God wants you to imitate in Him?*

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**And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.**

» *What does your daily walk with the Lord look like?*

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» *How are you loving God daily?*

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» *What are five of your most important priorities?*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

» *When was the last time you told someone about Christ and your relationship with Him?*

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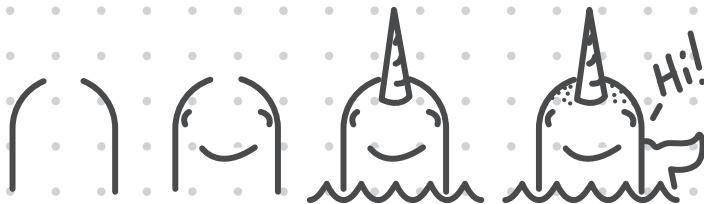
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» *Who's one person that you will share your faith with once you are back from Beach Camp?*

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# PRAYER

## NOTES & SKETCHES



BEACH  
CAMP

# AFTER PARTIES



Text “PCAfterParty”, “NCAfterParty”  
or “ESPAfterParty” to 74788.

Follow on Insta for additional info.

 @PRESTONWOODSTUDENTS  @PRESTONWOODSTUDENTS NORTH

 @PRESTONWOODSTUDENTSESPANOL

A SIX-WEEK DISCIPLESHIP  
PROGRAM FOR STUDENTS

SIGN UP TODAY BY  
TEXTING "PCSP",  
"NCSP" OR "ESPSP"  
TO 74788"



# STARTING POINT

**STUDENT  
EDITION**



# WEEKEND BIBLE FELLOWSHIP

## PLANO CAMPUS

SATURDAYS, 6:30 PM

SUNDAYS, 9:30 AND 11:00 AM

*JHigh in the Sports & Fitness Center / HS in the  
Student Ministry Building*

## NORTH CAMPUS

SUNDAYS, 9:30 AND 11:00 AM

*JHigh in the Lounge / HS in the Gym*

## PRESTONWOOD EN ESPAÑOL

**Plano Campus**

SUNDAYS, 12:45 PM

*In the Student Ministry Building*

**Lewisville Campus**

SUNDAYS, 12:45 PM

*At Northview Baptist Church*

[PRESTONWOODSTUDENTS.ORG/BIBLE-FELLOWSHIP](https://PRESTONWOODSTUDENTS.ORG/BIBLE-FELLOWSHIP)

PLANO CAMPUS

ESPAÑOL

NORTH CAMPUS

 @PWSTUDENTS

 @PRESTONWOODSTUDENTSESPANOL

 @PWSTUDENTS NORTH

 @PRESTONWOODSTUDENTS

 @PRESTONWOODSTUDENTS NORTH

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## DRAW

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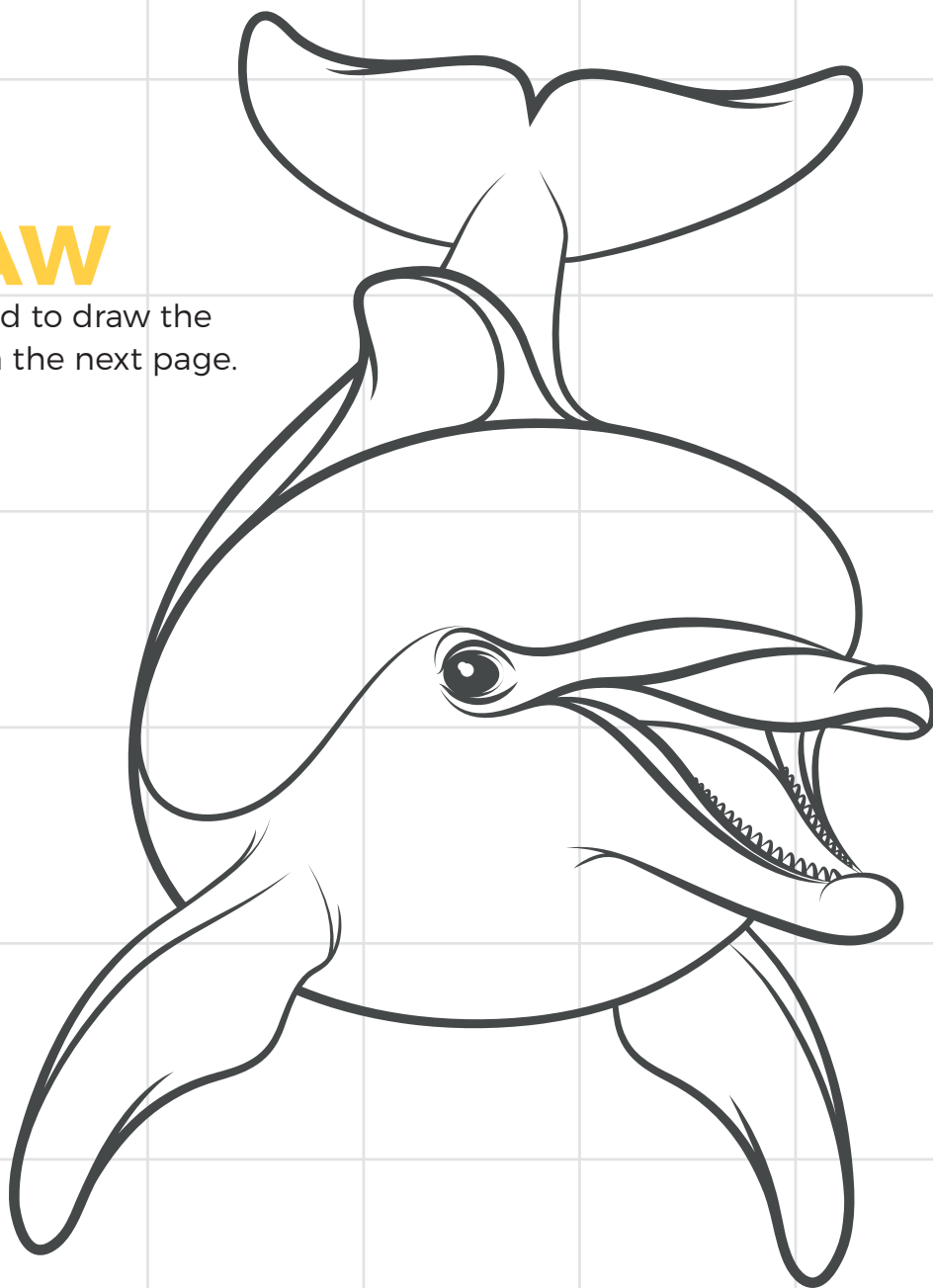
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*TAKE A PICTURE OF THIS RIGHT NOW AND SEND IT TO YOUR PARENTS!*

2020

JUNE 14 - 19







prestonwoodstudents.org