

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

## Scripture

Jeremiah 31:31-40

## Session Summary

Because no one is able to perfectly obey the law, God promised a new covenant; one not written on stone or parchment, but written on the hearts of His people. Through this new covenant, God would not only write His law on our hearts, but also give the gift of the Holy Spirit to indwell every believer, helping them to walk in His ways. The gospel of Jesus Christ is the new covenant we have been waiting for. As Jeremiah would prophesy, the new covenant would actually meet us at the heart level, doing for us what we would never do for ourselves. In this new covenant, the covenant of the gospel of Jesus Christ, God would give us a new heart not engraved with sin, but indwelled by Him.

## Conversation Questions

- Are there times when our family forgets that our relationship with God is no longer based on the old covenant? If so, what does that look like?
- How does living under the new covenant influence the way our family walks with God?
- Do we ever spend time praising God for giving us a new covenant to live under? Why or why not?
- How does the Holy Spirit empower us to obey God's commands and live on mission for Him?

## Family Challenge

Using the space below write down as many benefits of living under the new covenant that your family can think of in the next ten minutes. After you finish, spend time praying and praising God together for giving us this covenant found in Jesus.