

TABLE OF CONTENTS

PLANO CAMPUS SCHEDULE + MAP	2
NORTH CAMPUS SCHEDULE + MAP	4
CAMPUS STICKER CHALLENGE	6
FRIDAY NIGHT SESSION	8
LIFEGROUP SESSION 1	10
SATURDAY MORNING SESSION	16
LIFEGROUP SESSION 2	18
BREAKOUTS	22
LIFEGROUP SESSION 3	24
SATURDAY NIGHT SESSION	26
SUNDAY MORNING SESSION	30
LIFEGROUP SESSION 4	32
SUNDAY MORNING WORSHIP	34

PLANO

CAMPUS

FRIDAY, JAN. 30

- 6:00 PM** . . . Student Check-in
- 6:45 PM** . . . Doors Open
- 7:00 PM** . . . Session 1
- 8:45 PM** . . . LifeGroups 1
- 9:45 PM** . . . After-Parties
- 10:30 PM** . . Dismissal

SATURDAY, JAN. 31

- 10:00 AM** . . . Session 2
- 11:30 AM** . . . Breakout 1
- 12:30 PM** . . . Lunch / LifeGroup Time
- 1:30 PM** . . . Breakout 2
- 2:30 PM** . . . SERVE (grades 7-8,
Prestonwood en Español)
FUN (grades 9-12)
- 4:00 PM** . . . SERVE (grades 9-12)
FUN (grades 7-8,
Prestonwood en Español)
- 5:30 PM** . . . Dinner
- 6:45 PM** . . . Session 3
- 9:00 PM** . . . Dismissal

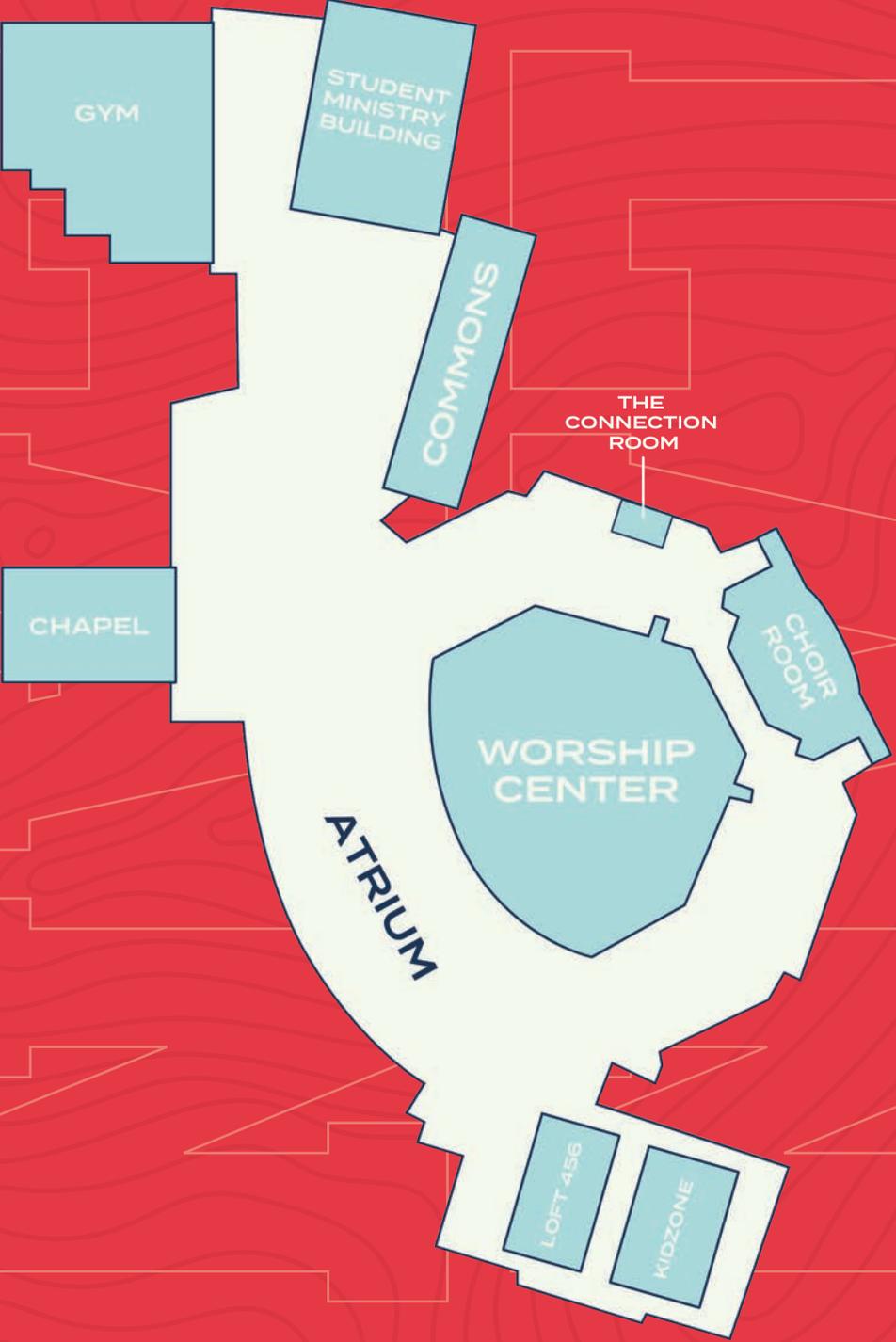
Everyone should wear their Freedom T-shirt on Sunday morning.

SUNDAY, FEB. 1

- 9:30 AM** . . . LifeGroups (Student Ministry Building)
- 11:00 AM** . . . Worship Service
- 12:15 PM** . . . Dismissal

WEDNESDAY, FEB. 4

- 6:30 PM** . . . Freedom Celebration
- 8:30 PM** . . . Dismissal



NORTH

CAMPUS

FRIDAY, JAN. 30

- 6:00 PM . . . Student Check-in (Loft 456)
- 6:45 PM . . . Doors Open
- 7:00 PM . . . Session 1
- 8:45 PM . . . LifeGroups 1
- 9:45 PM . . . After-Parties in Student Ministry Building & Loft 456
- 10:30 PM . . . Dismissal

SATURDAY, JAN. 31

- 8:00 AM . . . Morning Devo (in home) (texted to students)
- 10:00 AM . . . Doors Open
- 10:30 AM . . . Session 2
- NOON . . . Lunch / LifeGroups 2
- 1:15 PM . . . Afternoon Rotations Begin
 - Breakout Sessions
 - "Biblical Wisdom for Technology" Use (grades 7-8)
 - "God's Design for Dating" (grades 9-10)
 - "Preparing for the Season" Ahead (grades 11/12)
 - Service Project (Loft 456)
 - Grace Bridge Service
 - Recreation (Student Ministry Building)
 - Bubble Soccer
- 5:00 PM . . . Dinner / LifeGroup 3
- 6:15 PM . . . Doors Open
- 6:45 PM . . . Session 3
- 9:00 PM . . . Dismissal

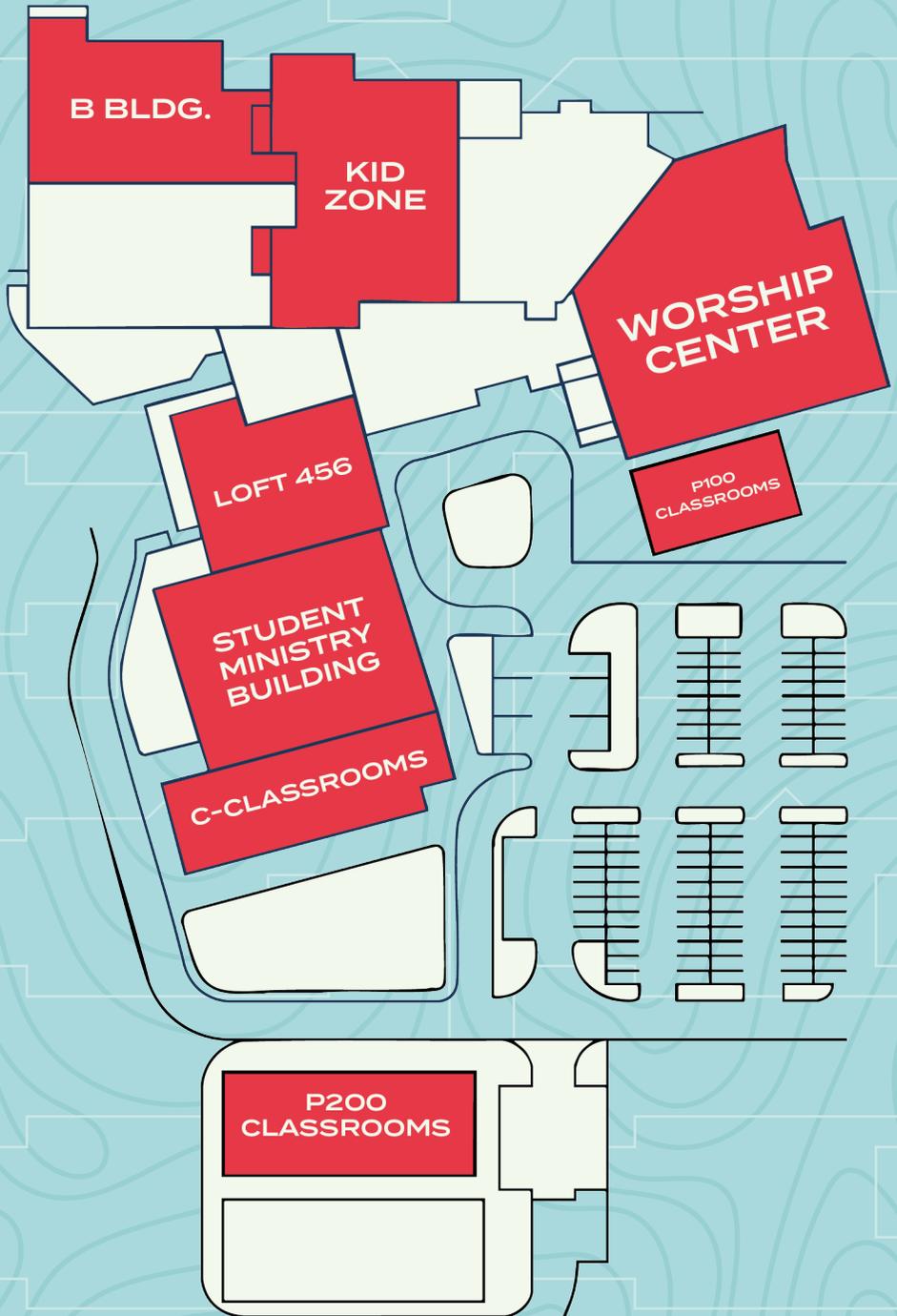
Everyone should wear their Freedom T-shirt on Sunday morning.

SUNDAY, FEB. 1

- 10:00 AM . . . Session 4 / LifeGroups 4 (Student Ministry Building)
- 11:30 AM . . . Worship and Freedom Baptism Service
- 12:45 PM . . . Dismissal

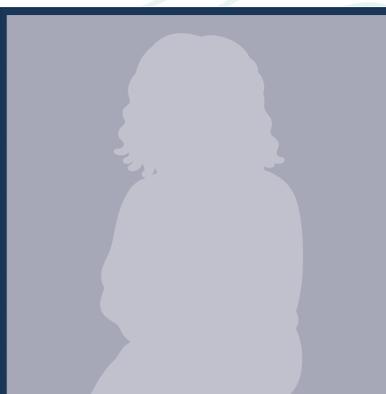
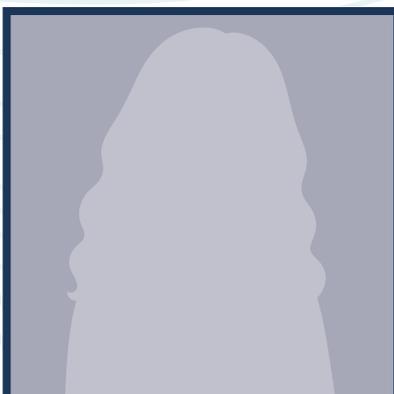
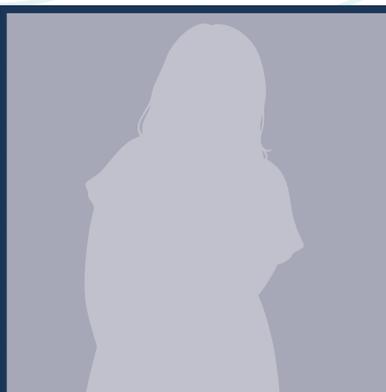
WEDNESDAY, FEB. 4

- 6:30 PM . . . Freedom Celebration
- 8:30 PM . . . Dismissal



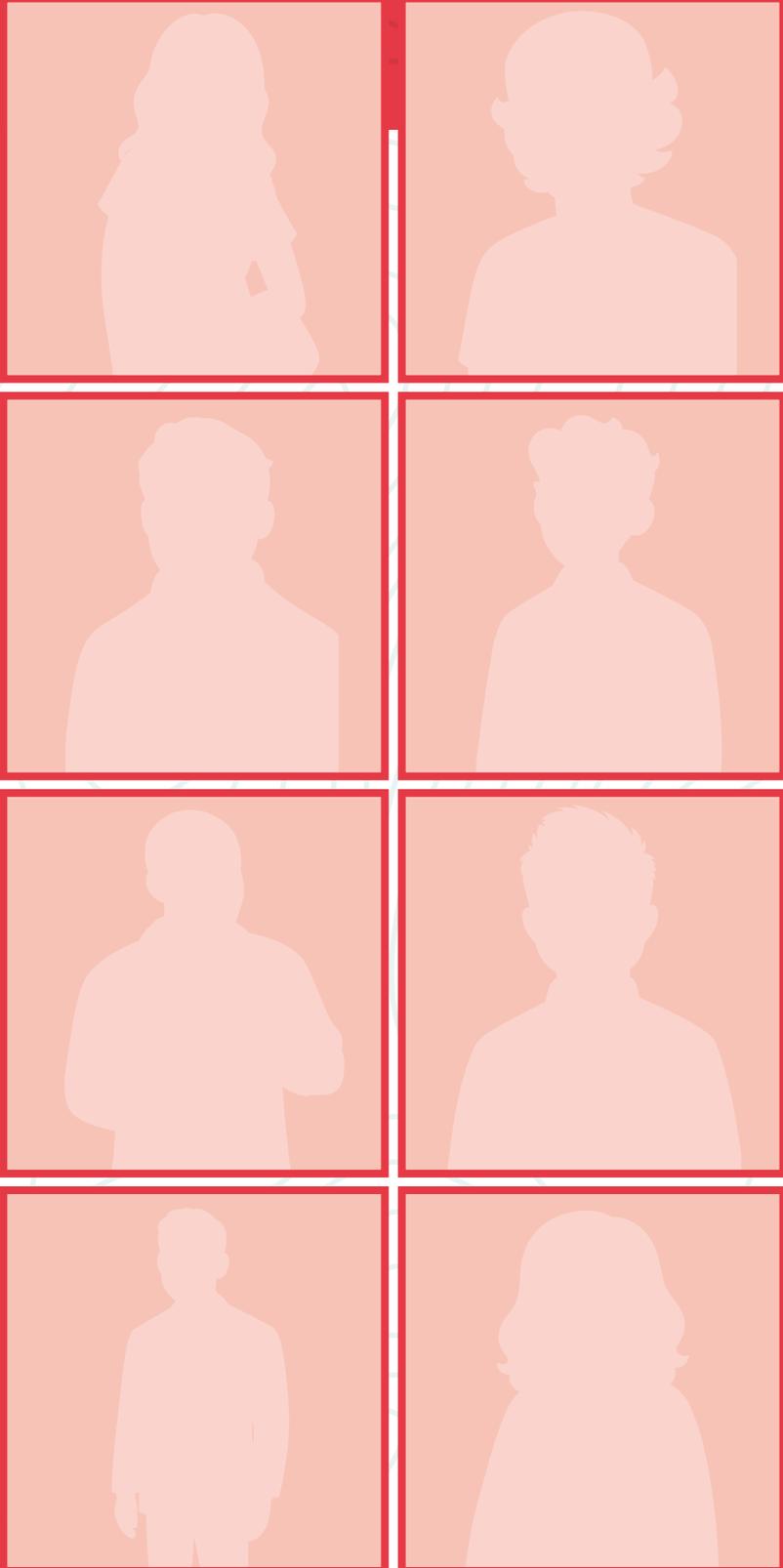
PLANO/ESPAÑOL CAMPUS

Throughout the weekend, ask our staff members for a sticker. Collect all eight of them; let a staff member know, and you will possibly win a prize! Happy hunting!



NORTH CAMPUS

Throughout the weekend, ask our staff members for a sticker. Collect all eight of them; let a staff member know, and you will possibly win a prize! Happy hunting!



FRIDAY PM
LIFEGROUP



MESSAGE THOUGHTS

While the speaker is communicating, look for/think about the following things:

- Repetitive words, original language, prescriptive/descriptive, uniqueness of God, context, etc.

- After the first five minutes of the message, write a question.

- After the next 15 minutes of the message, write a question.

DISCUSSION QUESTIONS

- Take time to introduce each student by sharing his or her name and favorite fast-food restaurant.
- Recap the message in one or two sentences. Share with the group.
- Reread the passage from the session in three different Bible versions (ESV, NIV, CSB, etc.).
- What was the biggest takeaway and why? What was the biggest challenge you heard?
- What didn't make sense? What didn't you understand?
- Did you learn anything new tonight that you have never heard before?
- How will our discussion change how you live every day?

IN CLOSING

Spend time praying as a group. Share prayer requests and make a list on the next page. On the left side, write down general prayer requests for student(s). On the right side, write down specific prayer requests pertaining to Freedom WKND.

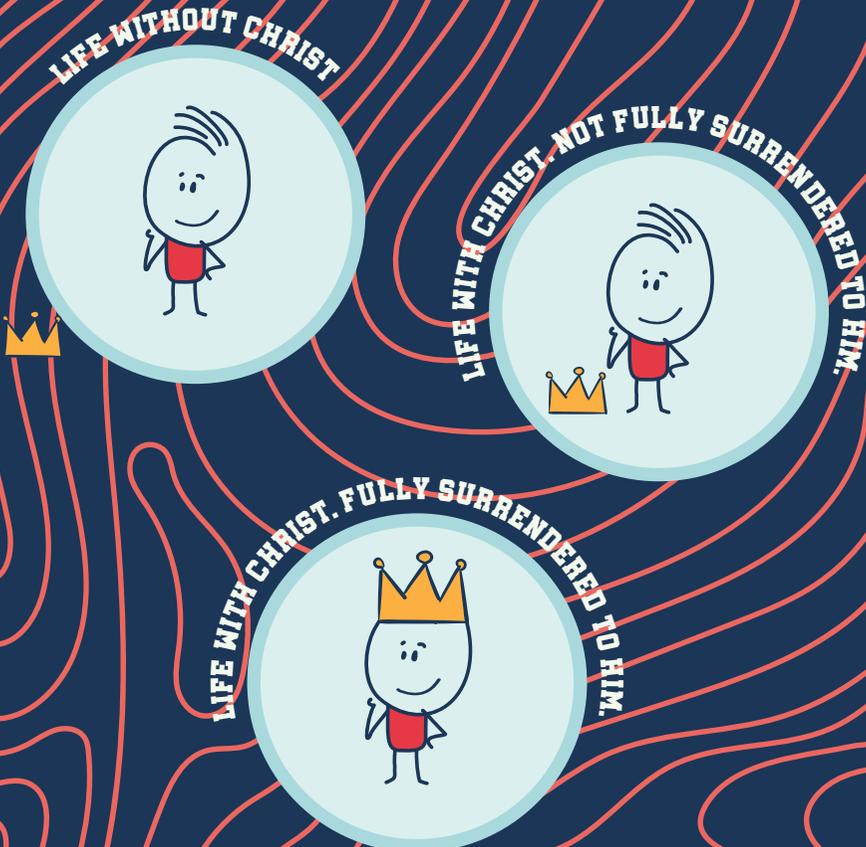
- In Romans 6:16, Paul asks, “Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness?” You are controlled by whatever you submit to – either your sin or the Savior.
- What does Paul mean when he says that sin leads to death, but obedience leads to righteousness?
 - *Answer:* Paul is reminding us of the cost of our own sin! The payment for sin is separation from God for eternity. So, if that is the cost of sin, then what happens if we live a life of obedience? We grow closer to Jesus. You can’t earn your way to heaven by doing the “right” things, but when you surrender to Jesus, your debt is paid!

WRAP UP

Ask: What’s an area in your life where you can let Jesus lead instead of allowing sin to be in control?

Explain: End this time by reminding students that sin leads to emptiness, but life with Christ brings freedom. We all serve something, either sin or our Savior. The Gospel is our assurance. Jesus has already paid for our sins, so we do not have to remain in shackles. In Him, genuine freedom can be found. Through faith in Jesus alone, we are free from the control of sin. We can walk in His light and hope!

Pray!





Prestonwood

DR. JACK GRAHAM
SENIOR PASTOR

**PLANO
CAMPUS**

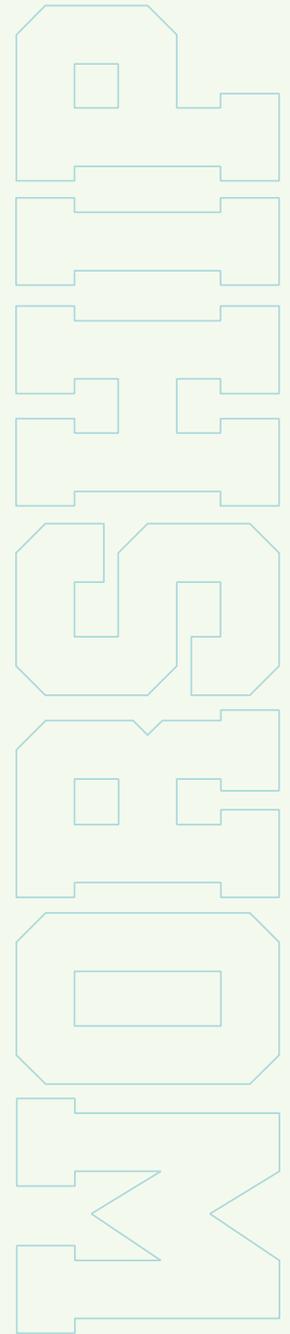
SUNDAYS
@ 9:30 & 11:00 AM

**NORTH
CAMPUS**

SUNDAYS
@ 8:30, 10:00 & 11:30 AM

**PRESTONWOOD
EN ESPAÑOL**

SUNDAYS
@ 2:00 PM
PLANO + NORTH CAMPUSES



PRESTONWOOD.ORG



SATURDAY AM

DEVOTIONAL

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery. —Galatians 5:1

When Paul wrote to the Galatians, he was reminding them of something they already knew. Still, he was tempted to forget: Jesus didn't die to give them a spiritual "do-over." He died to provide them with freedom. He uses strong language: Don't go back to slavery. It's as if Paul is saying, "Why would you return to the prison cell when Jesus has already unlocked the door?"

Think about it this way: Freedom isn't just about walking away from something. It's also about walking toward something better. Paul is inviting us into a divine exchange – giving up the lies of sin so we can take hold of the truth of Christ. We let go of the guilt we've been dragging around and receive forgiveness. We release the pressure to perform and receive God's grace. We trade isolation for belonging, restlessness for peace, and striving for rest.

But here's the challenge: Sometimes we prefer what is familiar over what is free. Have you ever been given a gift so valuable you almost felt nervous using it? Maybe new shoes you didn't want to scuff, or technology you were afraid to break. Some of us treat our freedom in Christ like that – it's too good, so we leave it untouched, choosing instead the "old" ways of living. But Paul reminds us that freedom is meant to be lived in. You've been given a new way, and you're meant to walk in it.

This morning, as you start a new day at Freedom WKND, think about what you're carrying. Is there guilt from your past you keep replaying? Is there a temptation you keep submitting to because it feels easier than resisting? Is there a need for approval that keeps you chained to what others think of you? Jesus is offering you an exchange today. You don't have to hold those things anymore. You can hand them over and take hold of His forgiveness, His truth and His grace.

Living in freedom is not automatic. That's why Paul says, "Stand firm." It takes a decision. Every day you choose: Will I walk back into slavery or will I walk forward in freedom? The good news is you don't walk alone. The Spirit of God walks with you, giving you the strength to hold on to what is true.

So today, as you enter into worship, teaching and LifeGroups, remember freedom in Christ is both a gift and a calling. Receive it fully. Live it boldly.

WHAT "CHAINS" DO YOU SOMETIMES FIND YOURSELF GOING BACK TO, EVEN THOUGH JESUS HAS ALREADY SET YOU FREE?

IF FREEDOM IN CHRIST IS AN EXCHANGE, WHAT IS ONE THING YOU NEED TO GIVE UP TODAY IN ORDER TO TAKE HOLD OF WHAT GOD IS OFFERING?

HOW CAN "STANDING FIRM" IN YOUR FREEDOM BE A DAILY DECISION, NOT JUST A FREEDOM WKND DECISION?

WHAT WOULD YOUR LIFE LOOK LIKE IF YOU FULLY LIVED OUT FREEDOM IN CHRIST THIS NEXT WEEK?



SATURDAY AM LIFEGROUP

2

MESSAGE THOUGHTS

While the speaker is communicating, look for/think about the following things:

- Repetitive words, original language, prescriptive/descriptive, uniqueness of God, context, etc.

- After the first five minutes of the message, write a question.

- After the next 15 minutes of the message, write a question.

DISCUSSION QUESTIONS

- Take time to introduce each student by sharing his or her name and favorite fast-food restaurant.
- Recap the message in one or two sentences. Share with the group.

- Reread the passage from the session in three different Bible versions (ESV, NIV, CSB, etc.).
- What was the biggest takeaway and why? What was the biggest challenge you heard?

- What didn't make sense? What didn't you understand?

- Did you learn anything new that you have never heard before?

- How will our discussion change how you live every day?



NEED MORE?

Leaders, have your students open their Bible and read Colossians 1:15-23.

This passage paints a crystal-clear picture of who He really is. He is the visible image of the invisible God; all creation was made through Him. He is not just a part of creation – He reigns over it. He rules over every kingdom, dominion and authority. The fullness of God dwells within Him. Yet we, a rebellious people, introduced sin and brokenness into God’s perfect design. In our flesh, we turned away from Him, despising His perfection. None of this surprised Him. Instead of distancing himself from creation, He entered it. Jesus humbled Himself to face an arrogant world. Our freedom cost Him His life. Though Jesus was perfect and holy, He chose to bear our imperfections and sin. First Peter 2:24 says this: “He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed.” This reminds us that our freedom came at a cost! He took on the punishment that we deserved and bore the weight of our sins. If He were not over everything, He would not be able to save us from anything.

- Why is it important that Jesus is supreme over all things?
 - Because only someone greater than creation could rescue it! If Jesus were not supreme over all things, He would not have the power to free us from the chains of sin. Because He is the creator, He has the authority to save us.

The Creator of the World – the glue of all creation – was beaten, mocked, and crucified. Why would He do that? To save His creation. The Supreme became the sacrifice for our sake! The One who is worthy of all of our praise and worship instead carried a cross and was punished. His wounds bring about our own healing.

- How does it make you feel about Jesus to know that He chose to personally carry your sin to the Cross?
 - Think about it: when you receive a gift, you treat it differently depending on how valuable it is. If someone gave you a T-shirt, you might wear it once and forget about it. But if a loved one gave you something costly, or something deeply personal – maybe a piece of jewelry, a handwritten note, or something he or she sacrificed greatly to provide – you would treasure it, care for it, and never take it lightly. Freedom in Christ is the most valuable gift you could ever be given. Are you able to actually see it that way?
- Read John 19:17-37. In these verses, John illustrates the Crucifixion of Jesus. We see Jesus beaten, mocked and nailed to the cross – the Creator of the World – nailed to the cross by His own creation. Yet this is exactly how He paid for our freedom. The man who knew no sin became sin for our sake (2 Corinthians 5:21). Sin brings about death and destruction. It enslaves us. It promises control, but instead takes it away! It promises fulfillment, but instead leaves us emptier than it found us. We were given the ability to pick freedom instead. How? Through the sacrifice that Jesus made on the cross for His creation that strayed away from His truth.

WRAP UP

Ask: What would change in your life if you lived as though you truly believed Jesus is supreme over all things – your school, your choices, your future?

Explain: Following Jesus does not cost your freedom; instead, you gain the kind of freedom only He can give. The trajectory of our life is decided by Him! When we trust Him as our Lord and Savior, we can live the way we are created to live: under His care. We do not have to worry ourselves with the things of this world, but instead trust that He is working out all things for the good of those who trust in Him (Romans 8:28)

Pray!

¹⁵ He is the image of the invisible God, the firstborn of all creation. ¹⁶ For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. ¹⁷ And he is before all things, and in him all things hold together. ¹⁸ And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. ¹⁹ For in him all the fullness of God was pleased to dwell, ²⁰ and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.

²¹ And you, who once were alienated and hostile in mind, doing evil deeds, ²² he has now reconciled in his body of flesh by his death, in order to present you holy and blameless and above reproach before him, ²³ if indeed you continue in the faith, stable and steadfast, not shifting from the hope of the gospel that you heard, which has been proclaimed in all creation under heaven, and of which I, Paul, became a minister.

COLOSSIANS 1:15-23 (ESV)



BREAKOUT 1



TOPIC _____

SPEAKER _____

PASSAGES _____

NOTES

BREAKOUT 2



TOPIC _____

SPEAKER _____

PASSAGES _____

NOTES



SATURDAY PM LIFEGROUP



Leaders, have your students open their Bible and read Romans 8:9-17.

So far we have talked about the things from which Jesus has set us free. How do we walk in complete freedom from the things that once enslaved us? Paul reminds us that when we place our trust in Jesus alone, the Spirit of God dwells within us. We are made alive in Christ – no longer defined by our sin. We are called sons and daughters of God, and we belong to Him. We are heirs with Christ!

- What does it mean to be an heir with Christ?
 - *Imagine this:* A teenager grows up without a family, moving from place to place, never really feeling as if she belongs. Then one day, she is adopted into a new family – a family that loves her, provides safety, and promises a place to call home. That's what Paul is saying.... Because of Jesus, you're not just forgiven – you're *adopted*. What belongs to Jesus is now shared with you. And here's the amazing part: You don't have to wait until heaven to experience this. Even now, you get to live with the freedom, hope and confidence of knowing that you belong to God's family, and nothing can separate you from His love.

Here is where the application comes in! Paul is showing us the blueprint for how to live. Walking in freedom means not walking alone; you are in a family! God has given us the church and community to walk side by side, reminding each other of truth, encouraging one another, and helping in the fight against sin. The Christian life is never meant to be lived alone. Walking in freedom means enjoying the gift given to us; living with purpose, joy and hope that you can't find anywhere else.

- How have people in your life helped you follow Jesus?
 - Here are some questions to ask one another and encourage deeper community within your group. Freedom is experienced most fully within community and out of isolation.
 - What is the last question you want to be asked right now?
 - What sin is keeping you a slave?
 - What area of your life is not pleasing to God?
 - Most people will confess 99 percent of their sins. What is the one percent you are hiding?

Now, it does not always mean that life is easy. Sin no longer controls you; Jesus gave you the strength to overcome it, but the battle continues. In Ephesians 6:10-20, Paul gives us a picture of how to stand firm in freedom. Read it together now. Notice that Paul does not say that we can be strong enough on our own, but points to Christ and His power. The battle we face is spiritual, which is why we need to put on the armor of God daily!

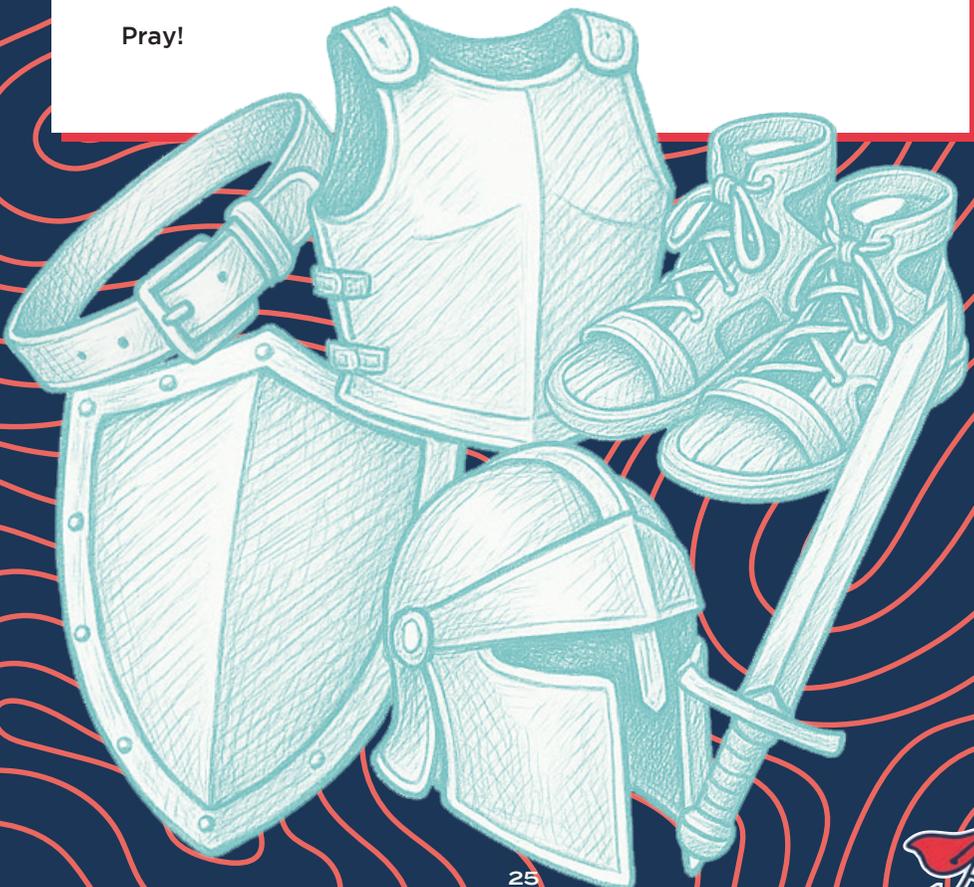
- What are some of the battles that we may face every day?
 - God gives us armor to stand firm in freedom:
 - **The belt of truth** – reminding us who God is and what He says is true
 - **The breastplate of righteousness** – protecting our hearts, knowing Jesus has made us right before God
 - **Shoes of the gospel of peace** – ready to live and share the Good News
 - **The shield of faith** – defending us from lies and doubts
 - **The helmet of salvation** – securing our identity in Christ
 - **The sword of the Spirit** – the Word of God, which fights against the Enemy's lies
 - When we put on the armor of God, we're not just surviving the fight – we're walking in the victory Jesus already won.

WRAP UP

Ask: How can you put on the armor of God every day and truly walk in the fullness of your freedom?

Explain: Walking in freedom means walking in the army of God with His people. It means living in the confidence that the Christian life is the most purposeful life we could ever live. Romans 8 reminds us of who we are – children of God. Ephesians 6 reminds us of how we live – standing firm in God's protection. That's what it looks like to walk in freedom. We do not fight *for* victory but *because* of it!

Pray!



SUNDAY AM

DEVOTIONAL

For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery. —Galatians 5:1

Freedom WKND can feel like a spiritual mountaintop. You've been surrounded by worship, teaching, fun and friends who are running in the same direction. But by tomorrow night, you'll be back in your normal rhythm – school, sports, family, work and pressures that don't always point you toward Christ. That's why Paul's words hit so hard: "*Stand firm.*"

Here's the thing: Paul wasn't writing to one person in Galatians 5:1. He was writing to a church. His words were meant for a community. Freedom in Christ is personal, but it was never intended to be private. You were set free *into* the family of God.

Think about how much easier it is to stand when you're standing with others. If you've ever tried to balance alone on one leg for a long time, you know it gets shaky fast. But when you lock arms with others, you can steady each other. In the same way, standing firm in Christ is not a solo sport. It's something we do together.

Hopefully you've experienced that this weekend. You've prayed with people, sung alongside people, laughed, and maybe even cried with people. And that's exactly how you keep living free when you go home. You need people who remind you of the truth when you forget. People who can call out lies when you're tempted to believe them. People who can carry you when you feel too weak to stand. And – just as importantly – you can be that kind of person for someone else.

You may already have those people back home in your LifeGroup, your team or a close group of Christian friends. If so, commit to leaning on them more intentionally. If you don't, maybe God is calling you to step up and be that person for someone else. Freedom in Christ is contagious when lived out in community.

As Freedom WKND winds down, don't let this be the end of what God is doing in your life. Make a plan. Whom will you text when you're struggling? Whom will you invite to sit with you at church? Whom will you encourage when he or she is discouraged? Standing firm is not about being strong all by yourself – it's about linking arms in the freedom Christ has given us.

So today, as you wake up and head to church, remember: Freedom isn't just for you; it's for us. Together, we stand firm. Together, we walk in the Spirit. Together, we live as people who are no longer enslaved, but free.

WHO ARE THE PEOPLE IN YOUR LIFE RIGHT NOW WHO HELP YOU STAND FIRM IN YOUR FAITH?

WHAT MAKES IT HARD FOR YOU TO LIVE FREE IN CHRIST WHEN YOU GO BACK HOME OR TO SCHOOL?

HOW CAN YOU BE THE KIND OF FRIEND WHO REMINDS OTHERS OF THEIR FREEDOM IN JESUS?

WHAT SPECIFIC STEP WILL YOU TAKE THIS WEEK TO MAKE SURE THIS RETREAT ISN'T JUST A SPIRITUAL HIGH BUT A LASTING CHANGE?



SUNDAY AM
LIFEGROUP



MESSAGE THOUGHTS

While the speaker is communicating, look for/think about the following things:

- Repetitive words, original language, prescriptive/descriptive, uniqueness of God, context, etc.

- After the first five minutes of the message, write a question.

- After the next 15 minutes of the message, write a question.

REFLECTION QUESTIONS

- What moment from this weekend stands out to you the most, and why?

- Did you sense God's teaching you or showing you something specific? What was it?

- How did Freedom WKND stretch your faith in a way you weren't expecting?

- Was there a passage, message or worship moment that really stuck with you?

PERSONAL APPLICATION

- What's one change you feel God is calling you to make in your life after this weekend?

- How can you take what you experienced here and bring it back into your everyday life at school or at home?

- Is there a spiritual habit (prayer, Bible reading, worship, serving) you want to grow in because of this weekend?

COMMUNITY & ACCOUNTABILITY

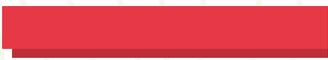
- Who in your life do you think needs to hear about what God did in you this weekend?

- How can this group help each other continue to live out what we learned here?

- If you could summarize what God did in you this weekend in one sentence, what would it be?



WHAT NOW?



SALVATION

**JOIN A
LIFEGROUP**

ON SUNDAY
MORNINGS.



**TEXT
DEVO
TO 74788**

FOR DAILY
DEVOTIONALS.

FOLLOW UP WITH
BAPTISM.





SIGN UP FOR A
**SIX-WEEK
DISCIPLESHIP
TIME.**



**JOIN US
FOR MDWK**

ON WEDNESDAYS
@ 6:30 PM.



REGISTER FOR

**BEACH
CAMP.**



